



## CURRICULUM VITAE

**Prof. Dr. Nurul Ihsan, S.Pd., M.Pd.**

**Faculty:** Fakultas Ilmu Keolahragaan

**Study Programs:** Ilmu Keolahragaan

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### Biography

#### Scopus of the Last 5 Years

The Relationship Between Physical Fitness and Mental Health on Physical Education Learning Outcomes. Educational Administration: Theory and Practice, Sepriadi, 2023

The Effect of Zig-Zag Dribbling and Triangle Dribbling on Futsal Skills for U13 Athlete Using Video. International Journal of Human Movement and Sports Sciences, Arsil, 2023

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Design of Instrument Explosive Power Leg Muscles Sensor Based. *Journal of Physics: Conference Series*, Ihsan N., 2020

### Web of Science (WoS) of the Last 5 Years

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### Google Scholar of the Last 5 Years

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Development of Application-Based Self-Assessment for Basic Gymnastics Evaluation of Students of State Elementary School. *INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH AND ANALYSIS* 6 (1), 330-343, 2023, MIS Martalena, Nurul Ihsan, Anton Komaini, Padli, Fiky Zarya, 2023

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- The Effect of Training Media and Playing Concentration on the Shooting Accuracy of Petanque Athletes at Universitas Negeri Padang. *Gladi: Jurnal Ilmu Keolahragaan* 13 (03), 330-346, 2022, Y Irham, N Ihsan, AN Putra, 2022
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- Practical Group Defense Exercise Design in Football Game for 13-Year-Old Students. *Teori & Ta Metodika F&A-zi?nogo Vihovann&A*, 22 (2), 194-201. , N Ihsan, A Okilanda, D Donie, DD Putra, S Wanto, A Arisman, 2022
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The effectiveness of Pencak Silat to change teenage personalities. Jurnal Konseling Dan Pendidikan 8 (1), 1-8, 2020, TH Sin, N Ihsan, 2020

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PENGARUH PENGGUNAAN MEDIA PROYEKTOR TERHADAP MOTIVASI BELAJAR MAHASISWA PBA SEMESTER II IAI MUHAMMADIYAH SINJAI. INSTITUT AGAMA ISLAM MUHAMMADIYAH SINJAI, 2020, N IHSAN, 2020

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### Research of the Last 5 Years

Pengembangan Protector Scoring System Berbasis Sensor Pada Pencak Silat Kategori Tanding Untuk Standarisasi Penilaian. Penelitian Terapan Unggulan Perguruan Tinggi, Leader: Nurul Ihsan, Implementation Year: 2023

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Pengembangan Sistem Penilaian Digital Olahraga Tarung Derajat Berbasis Android. Penelitian Terapan Unggulan Perguruan Tinggi, Leader: Alnedral, Implementation Year: 2023

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Pengembangan Protector Scoring System Berbasis Sensor Pada Pencak Silat Kategori Tanding Untuk Standarisasi Penilaian. Penelitian Terapan Unggulan Perguruan Tinggi, Leader: Nurul Ihsan, Implementation Year: 2022

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Pengembangan Aplikasi Self Assesment Domain Psikomotor Dalam Pembelajaran Tenis Lapangan. Penelitian Khusus Guru Besar, Leader: Kamal Firdaus, Implementation Year: 2022

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Pengembangan Kursi Roda Sebagai Alat Bantu Pemulihan Bagi Penderita Stroke. Pt-penelitian Terapan, Leader: Nurul Ihsan, Implementation Year: 2022

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Pengembangan Sistem Penilaian Digital Olahraga Tarung Derajat Berbasis Android. Penelitian Terapan Unggulan Perguruan Tinggi, Leader: Alnedral, Implementation Year: 2022

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Pengembangan Sistem Penilaian Digital Board System Pada Olahraga Tarung Derajat. Pppt-penelitian Unggulan Perguruan Tinggi Pengembangan, Leader: Alnedral, Implementation Year: 2021

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Pengembangan Kursi Roda Sebagai Alat Bantu Pemulihan Bagi Penderita Stroke. Ptpt-penelitian Terapan, Leader: Nurul Ihsan, Implementation Year: 2021

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Pengaruh Daya Ledak Otot Tungkai, Kelincahan, Dan Percaya Diri Terhadap Kemampuan Tendangan Sabit Atlet Pencak Silat. Penelitian Tesis Magister, Leader: Nurul Ihsan, Implementation Year: 2021

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Desain Instrumen Kecepatan Tendangan Dalam Pencak Silat Dengan Sasaran Dinamis. Penelitian Tesis Magister, Leader: Nurul Ihsan, Implementation Year: 2020

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Pengembangan Media Pembelajaran Penjasorkes Berbasis It. Penelitian Tesis Magister, Leader: Nurul Ihsan, Implementation Year: 2020

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Pengembangan Sistem Penilaian Digital Board System Pada Olahraga Tarung Derajat. Penelitian Unggulan Perguruan Tinggi Pengembangan, Leader: Alnedral, Implementation Year: 2020

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Rancang Bangun Instrumen Kelincahan Pencak Silat Berbasis Digital. Penelitian Tesis Magister, Leader: Nurul Ihsan, Implementation Year: 2020

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Evaluasi Program Pembinaan Prestasi Olahraga Beladiri Tarung Derajat Pengrov Kodrat Riau. Penelitian Tesis Magister, Leader: Alnedral, Implementation Year: 2020

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### Community Service of the Last 5 Years

Pusat Layanan Tes Pengukuran Kondisi Fisik. Program Pengembangan Usaha Produk Intelektual Kampus (ppupik), Leader: Nurul Ihsan, Implementation Year: 2022

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Pusat Layanan Tes Pengukuran Kondisi Fisik. Program Pengembangan Usaha Produk Intelektual Kampus (ppupik), Leader: Nurul Ihsan, Implementation Year: 2021

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Ppk Kewirausahaan Mahasiswa Fakultas Ilmu Keolahragaan Jurusan Pendidikan Olahraga. Program Pengembangan Kewirausahaan (ppk), Leader: Nurul Ihsan, Implementation Year: 2020

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### IPR's of the Last 5 Years

Buku Petunjuk Pelaksanaan Pelaksanaan Tes Kelincahan Atlet PEncak Silat Berbasis Digital. Inventor: Nurul Ihsan, Januar Sahri, Publication Date: 2021-12-01

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Buku Petunjuk Pelaksanaan Alat Ukur Kecepatan Tendangan Pencak Silat Dengan Sasaran Dinamis. Inventor: Nurul Ihsan, Alfi Muharel Effandy, Publication Date: 2022-01-03

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The Validity Of Kick Speed Instrument Design With Dynamic Targets In Pencak Silat. Inventor: Alfi Muharel Effandy dan Dr. Nurul Ihsan, M.Pd, Publication Date: 2021-02-01

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BODY PROTECTOR SCORRING SYSTEM DALAM PENCAK SILAT. Inventor: Ahmaddul Hadi, S.Pd, M.Kom ,Dr. Nurul Ihsan, M.Pd ,Dr. Yulkifli, S.Pd, M.Si, Publication Date: 2021-11-19

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Pengembangan Sistem Penilaian Digital Board System Pada Olahraga Tarung Derajat. Inventor: Alnedral, Nurul Ihsan dkk, Publication Date: 2020-05-09

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Pengembangan Sistem Penilaian Digital Board System Pada Olahraga Tarung Derajat. Inventor: -, Publication Date: 2020-05-09

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Buku Panduan Instrumen Tes Daya Ledak Tendangan Berbasis Digital. Inventor: Nurul Ihsan, Bafirman, Asep Sujana, Anton Yus Permana, Publication Date: 2020-10-25

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INSTRUMEN KELINCAHAN ATLET PENCAK SILAT BERTEKNOLOGI DIGITAL. Inventor: Januar Sahri, S.Or, M.Pd, AIFO; Dr. Nurul Ihsan, S.Pd, M.Pd; Prof. Dr. Bafirman, M.Kes, AIFO; Dr. Asep Sujana Wahyuri, S.Si, M.Pd, Publication Date: 2020-12-06

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### Book of the Last 5 Years

Teknologi dalam pembelajaran pencak silat. ISBN: 9786233725675, Publisher: Rajawali Pers, Year: 2022

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Teknik dan metode pembelajaran petanque. ISBN: 9786233725682, Publisher: Rajawali Pers, Year: 2022

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