



## CURRICULUM VITAE

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### Biography

Seorang akademisi yang juga aktif sebagai praktisi.

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### Research of the Last 5 Years

Pengembangan Model Latihan Daya Tahan Berbasis Drill Teknik. Pd-penelitian Dasar, Leader: Ridho Bahtra, Implementation Year: 2022

Pengaruh Oksigenasi Pada Lingkungan Aktivitas Fisik Aerobik Terhadap Stres Oksidatif Mencit Jantan (musculus L.) Yang Terpapar Antioksidan. Pd-penelitian Dasar, Leader: Pudia M. Indika, Implementation Year: 2022

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Efektifitas Latihan Imagery Dan Keyakinan Diri Terhadap Hasil Shooting Futsal. Penelitian Tesis Magister, Leader: Wilda Welis, Implementation Year: 2023

Pengembangan Alat Latihan Smash Menggunakan Media Block Controlling Android Berbasis Sliding Door Sensor Pada Atlet Sepaktakraw Uk Fik Unp. Pd-penelitian Dasar, Leader: John Arwandi, Implementation Year: 2024

Filosofi Sepakbola Indonesia (filanesia) Sebagai Basis Pengembangan Model Latihan Kondisi Fisik Pemain Sepakbola Usia Muda. Pd-penelitian Unggulan Perguruan Tinggi Dasar, Leader: Ridho Bahtra, Implementation Year: 2024

Implementasi Model Pembelajaran Diferensiasi Dan Kurikulum Filanesia Pada Pembelajaran Sepakbola Di Sekolah Dasar. Pd-penelitian Unggulan Perguruan Tinggi Dasar, Leader: Aldo Naza Putra, Implementation Year: 2024

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### **Community Service of the Last 5 Years**

Implementasi Model Latihan Daya Tahan Berbasis Teknik Dasar Sepakbola Kepada Pelatih Sepakbola Se Kota Pariaman. Program Kemitraan Masyarakat (pkm), Leader: Ridho Bahtra, Implementation Year: 2022

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Implementasi Long Term Athlete Development (Itad) Kepada Pelatih Cabang Olahraga Koni Kota Pariaman. Program Kemitraan Masyarakat (pkm), Leader: Ridho Bahtra, Implementation Year: 2023

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### **IPR's of the Last 5 Years**

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### **Book of the Last 5 Years**

Buku ajar permainan sepakbola. ISBN: 9786237018827, Publisher: Sukabina Press, Year: 2022

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