



CURRICULUM VITAE

Dr. Zadrrian Ardi, S.Pd., M.Pd., Kons.

Faculty: Fakultas Ilmu Pendidikan

Study Programs: Bimbingan Dan Konseling

Email: zadrrian@fip.unp.ac.id, **Phone:** +6285274030264

Biography

Zadrrian Ardi, Senior Lecturer in Guidance and Counseling, Universitas Negeri Padang (UNP), Indonesia. He received his B.E., M.Ed., Counselor (Counselor Profession Education degree- only in Indonesia) and Doctoral degree in Guidance and Counseling Universitas Negeri Padang, Indonesia, in 2012, 2014, 2015, and 2018, respectively. His research and expertise areas are assessment in counseling, technology in counseling, internet addiction intervention, anxiety disorder intervention, and mental health counseling.

Zadrrian Ardi is also the founder of applications and platforms in the psychological area. POTENSIA Apps help users follow a series of self-disclosure assessments that understand themselves and help professionals with counseling interventions. KONSELO Apps, the applications that become online counseling media, help users find and contact the right counselor according to the problem.

Zadrrian Ardi has a licensed counselor at the Indonesia Counselors Association (IKI) and a private counselor in mental health counseling, psychological assessment, anxiety disorder intervention, and internet addiction intervention.

Scopus of the Last 5 Years

Effectiveness of rational emotive behavior therapy in reducing depression among undergraduate medical students. *Medicine (United States)*, Victor-Aigbodion V., 2023

Intervention for job burnout reduction among a sample of Nigerian lecturers. *Medicine (United States)*, Eseadi C., 2023

Blended Learning Based Project In Electronics Engineering Education Courses: A Learning Innovation after the Covid-19 Pandemic. *International Journal of Interactive Mobile Technologies*, Anwar M., 2022

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The Development of POTENSIA; The Android-Based Psychological Application for Mapping and Assessments of Student Mental Health During the COVID-19 Pandemic. *International Journal of Interactive Mobile Technologies*, Ardi Z., 2021

The Validation of Smart Entrepreneur Model (SEM) for Student Using Exploratory Factor Analysis (EFA). *International Journal on Advanced Science, Engineering and Information Technology*, Yulastri A., 2021

Examining the Effects of Ecoliteracy on Knowledge, Attitudes, and Behavior through Adiwiyata Environmental Education for Indonesian Students. *Journal of Social Studies Education Research*, Syah N., 2021

The Effectiveness of Multidimensional Counseling in the Intervention of Student Anxiety. *Addictive Disorders and their Treatment*, Milfayetty S., 2020

Thanatophobia and Its Treatment Using Neurolinguistic Programming. *Addictive Disorders and their Treatment*, Ifdil I., 2020

The influence of gawang ceria games on gross motor skills with the thematic learning approach. *International Journal of Scientific and Technology Research*, Rakimahwati, 2020

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Importance of Metacognitive Awareness in Learning and Instruction for Engineering Students' Education. *Journal of Social Studies Education Research*, Hidayat H., 2024

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Web of Science (WoS) of the Last 5 Years

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The Effectiveness of Multidimensional Counseling in the Intervention of Student Anxiety. ADDICTIVE DISORDERS & THEIR TREATMENT, Milfayetty, S; Fadli, RP; Ifdil, I; Zola, N; Amalianita, B; Putri, YE; Ardi, Z;, 2020

Google Scholar of the Last 5 Years

The Confirmatory Factor Analysis (CFA) of the Zadrian-Ifdil Problem Checklist (ZIPC) College Student Version as a Comprehensive Measurement Application for Millennial Generation. Unima International Conference on Social Sciences and Humanities (UNICSSHÂ ..., 2023, Z Ardi, I Ifdil, Y Guspriadi, C Eseadi, 2023

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- The Effect of Hiragana Memory Hint Application to Increase Motivation and Interest in Learning Hiragana Among University Students. LINGUISTICA ANTVERPIENSIA, 3829-3840, 2021, R Rahmalina, H Hidayat, Z Ardi, R Tririzky, 2021
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- The Needs Analysis of the Android-based Online Psychological Assessment Applications Usage for School Counselors in West Sumatra. Jurnal Aplikasi IPTEK Indonesia 5 (2), 68-77, 2021, Z Ardi, IR Jasril, FM Yendi, V Yuca, 2021
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- Self Adjustment of Early Adult Single Mothers in Sub-District Dua Koto, Pasaman District and its Implication for Guidance and Counseling Services. *Jurnal Neo Konseling* 2 (4), 2020, K Syafitri, I Sukmawati, Z Ardi, 2020
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- Development and validation of the Zadrian-Ildil Problem Checklist (ZIPC) for college students. *International Journal of Technology, Innovation and Humanities* 1 (1), 41-50, 2020, Z Ardi, I Ildil, M Maysitoh, 2020
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- The Exploratory Factor Analysis of Zadrian-Ildil Problem Checklist (ZIPC) High-School Version; An Alternative Assessment for Millenials Mental Health Conditions Mapping. *International Journal of Research in Counseling and Education* 4 (2), 117-127, 2020, Z Ardi, I Ildil, 2020
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- The analysis of the parenting implications on the emotional closeness of parent-child improvement. *Journal of Educational and Learning Studies* 3 (2), 98-104, 2020, Z Ardi, GZ Aulia, 2020
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- The Relationship Of Self-Concept And Lifestyle Of Students Receiving Bidikmisi Scholarship. *JPGI (Jurnal Penelitian Guru Indonesia)* 5 (1), 13-16, 2020, S Ulfah, Z Ardi, 2020
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- Student's self esteem and cyber-bullying behavior in senior high school. *Jurnal Aplikasi IPTEK Indonesia* 4 (2), 89-94, 2020, AT Haura, Z Ardi, 2020
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- The Relationship between Burnout and Learning Motivation in Full-day School Students at SMPN 34 Padang. *Jurnal Neo Konseling* 2 (3), 2020, M Helfajrin, Z Ardi, 2020
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- Wellbeing Effect of Social Media Postings Analysis Using Rasch Models. *Proceedings of the 2nd Workshop on Multidisciplinary and Applications (WMAA ...)*, 2020, Z Ardi, I Sukmawati, I Ildil, 2020
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- Regular Student Social Acceptance of Inclusive Students and Inclusion of Student's Confidence and Implications for Counseling Services. *Jurnal Neo Konseling* 2 (2), 2020, Z Tanjung, A Sano, Z Ardi, 2020
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- The Relationship of Self-Concept to Students' Interpersonal Communication. *Jurnal Neo Konseling* 2 (4), 2020, D Nadia, Y Yusri, Z Ardi, 2020
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Research of the Last 5 Years

Desain Layanan Bimbingan Konseling Di Sekolah Dasar Dalam Mengoptimalkan Pendidikan Karakter Pada Era Teknologi Digital. Penelitian Kerjasama Antar Perguruan Tinggi, Leader: Ronald Fransyaigu, Implementation Year: 2023

Pemetaan Dan Analisis Model Pedagogi Kewirausahaan Berbasis Kearifan Lokal Budaya Minangkabau Di Sumatera Barat. Penelitian Dasar, Leader: Boy Yendra Tamin, Implementation Year: 2023

Desain Layanan Bimbingan Konseling Di Sekolah Dasar Dalam Mengoptimalkan Pendidikan Karakter Pada Era Teknologi Digital. Penelitian Kerjasama Antar Perguruan Tinggi, Leader: Ronald Fransyaigu, Implementation Year: 2022

Aplikasi Konselo Apps Untuk Platform Sistem Pelayanan Konseling Online Dan Kesehatan Mental Berbasis Mobile Pada Masa Pandemi Covid-19. Pt-penelitian Unggulan Perguruan Tinggi Terapan, Leader: Zadrian Ardi, Implementation Year: 2022

Pemetaan Dan Analisis Model Pedagogi Kewirausahaan Berbasis Kearifan Lokal Budaya Minangkabau Di Sumatera Barat. Penelitian Dasar, Leader: Boy Yendra Tamin, Implementation Year: 2022

Pengembangan Model Asesmen Psikologis Online Terintegrasi Berbasis Mobile Untuk Optimalisasi Need Assessment Pelayanan Konseling. Pd-penelitian Unggulan Perguruan Tinggi Dasar, Leader: Zadrian Ardi, Implementation Year: 2022

Pengembangan Aplikasi Kolaborasi Integratif Personil Sekolah Dengan Orangtua/wali Berbasis Android Dalam Optimalisasi Kegiatan Belajar Siswa Slt. Pt-penelitian Unggulan Perguruan Tinggi Terapan, Leader: Daharnis, Implementation Year: 2022

Pengembangan Aplikasi Kolaborasi Integratif Personil Sekolah Dengan Orangtua/wali Berbasis Android Dalam Optimalisasi Kegiatan Belajar Siswa Slt. Ptpenelitian Unggulan Perguruan Tinggi Terapan, Leader: Daharnis, Implementation Year: 2021

Pemetaan Dan Analisis Model Pedagogi Kewirausahaan Berbasis Kearifan Lokal Budaya Minangkabau Di Sumatera Barat. Penelitian Dasar, Leader: Boy Yendra Tamin, Implementation Year: 2021

Aplikasi Konselo Apps Untuk Platform Sistem Pelayanan Konseling Online Dan Kesehatan Mental Berbasis Mobile Pada Masa Pandemi Covid-19. Ptpenelitian Unggulan Perguruan Tinggi Terapan, Leader: Zadrian Ardi, Implementation Year: 2021

Pengembangan Model Asesmen Psikologis Online Terintegrasi Berbasis Mobile Untuk Optimalisasi Need Assessment Pelayanan Konseling. Pdpt-penelitian Unggulan Perguruan Tinggi Dasar, Leader: Zadrian Ardi, Implementation Year: 2021

Model Kerjasama Guru Bk Dengan Personil Sekolah Dan Orangtua Dalam Optimalisasi Proses Pembelajaran Siswa Slt. Penelitian Dasar, Leader: Daharnis, Implementation Year: 2020

Community Service of the Last 5 Years

Implementasi Aplikasi Potensia Apps Berbasis Android Untuk Asesmen Psikologis Online Pada Masa Pandemi Covid-19 Bagi Guru Bimbingan Dan Konseling Sumatera Barat. Program Pengembangan Produk Unggulan Pt (p3upt), Leader: Zadrian Ardi, Implementation Year: 2022

Implementasi Aplikasi Potensia Apps Berbasis Android Untuk Asesmen Psikologis Online Pada Masa Pandemi Covid-19 Bagi Guru Bimbingan Dan Konseling Sumatera Barat. Program Pengembangan Produk Unggulan Pt (p3upt), Leader: Zadrian Ardi, Implementation Year: 2021

Pelatihan Pemanfaatan Asesmen Psikologis Online Berbasis Teknologi Android Untuk Studi Kebutuhan Pelayanan Konseling Di Sma/smk Kota Payakumbuh. Program Kemitraan Masyarakat (pkm), Leader: Zadrian Ardi, Implementation Year: 2020

IPR's of the Last 5 Years

Model Konseling Online untuk Mereduksi Stres Akademik Mahasiswa. Inventor: Zadrian Ardi, Publication Date: 2022-06-01

Aplikasi Coulab. Inventor: Zadrian Ardi, Publication Date: 2022-09-23

POTENSIA. Inventor: ZADRIAN ARDI, Publication Date: 2021-05-21

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Buku ajar asesmen dalam konseling. ISBN: 9786234875676, Publisher: CV. Eureka Media Aksara, Year: 2022

Kesehatan mental dalam perspektif psikologi positif. ISBN: 9786234874846, Publisher: CV. Eureka Media Aksara, Year: 2022

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