



## CURRICULUM VITAE

**Dr. Zadrian Ardi, S.Pd., M.Pd., Kons.**

**Faculty:** Fakultas Ilmu Pendidikan

**Study Programs:** Bimbingan Dan Konseling

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### Biography

Zadrian Ardi, Senior Lecturer in Guidance and Counseling, Universitas Negeri Padang (UNP), Indonesia. He received his B.E., M.Ed., Counselor (Counselor Profession Education degree- only in Indonesia) and Doctoral degree in Guidance and Counseling Universitas Negeri Padang, Indonesia, in 2012, 2014, 2015, and 2018, respectively. His research and expertise areas are assessment in counseling, technology in counseling, internet addiction intervention, anxiety disorder intervention, and mental health counseling.

Zadrian Ardi is also the founder of applications and platforms in the psychological area. POTENSIA Apps help users follow a series of self-disclosure assessments that understand themselves and help professionals with counseling interventions. KONSELO Apps, the applications that become online counseling media, help users find and contact the right counselor according to the problem.

Zadrian Ardi has a licensed counselor at the Indonesia Counselors Association (IKI) and a private counselor in mental health counseling, psychological assessment, anxiety disorder intervention, and internet addiction intervention.

### Scopus of the Last 5 Years

Effectiveness of rational emotive behavior therapy in reducing depression among undergraduate medical students. Medicine (United States), Victor-Aigbodion V., 2023

Intervention for job burnout reduction among a sample of Nigerian lecturers. Medicine (United States), Eseadi C., 2023

Blended Learning Based Project In Electronics Engineering Education Courses: A Learning Innovation after the Covid-19 Pandemic. International Journal of Interactive Mobile Technologies, Anwar M., 2022

A web-based career counseling intervention for enhancing career decision-making among prospective polytechnic students. Res Militaris, Ardi Z., 2022

The Mobile-Based Model of Cooperation between School Personnel and Parents for Optimising the Post-Global Pandemic Learning Process. Proceedings of the 2022 International Conference on Information, Control, and Communication Technolo, Daharnis, 2022

The Development of POTENSIA; The Android-Based Psychological Application for Mapping and Assessments of Student Mental Health During the COVID-19 Pandemic. International Journal of Interactive Mobile Technologies, Ardi Z., 2021

The Validation of Smart Entrepreneur Model (SEM) for Student Using Exploratory Factor Analysis (EFA). International Journal on Advanced Science, Engineering and Information Technology, Yulastri A., 2021

Examining the Effects of Ecoliteracy on Knowledge, Attitudes, and Behavior through Adiwiyata Environmental Education for Indonesian Students. *Journal of Social Studies Education Research*, Syah N., 2021

The Effectiveness of Multidimensional Counseling in the Intervention of Student Anxiety. *Addictive Disorders and their Treatment*, Milfayetty S., 2020

Thanatophobia and Its Treatment Using Neurolinguistic Programming. *Addictive Disorders and their Treatment*, Ifdil I., 2020

The influence of gawang ceria games on gross motor skills with the thematic learning approach. *International Journal of Scientific and Technology Research*, Rakimahwati, 2020

Online mental health services in Indonesia during the COVID-19 outbreak. *Asian Journal of Psychiatry*, Ifdil I., 2020

Preface. *Journal of Physics: Conference Series*, Rahadian, 2020

The Contribution of Internal Locus of Control and Self-Concept to Career Maturity in Engineering Education. *International Journal on Advanced Science, Engineering and Information Technology*, Hidayat H., 2020

Determining Risk Factors for Functional Gastrointestinal Disorder among Muslim University Students in Indonesia. *Islamic Guidance and Counseling Journal*, Ardi Z., 2024

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Efficacy of Cognitive Behavioral Therapy With Local Wisdom and Web-Based Counseling on Generalized Anxiety Disorders and Functional Gastrointestinal Disorders in Adolescent College Girls: Protocol for a Randomized Controlled Trial. *JMIR Research Protocols*, Ardi Z., 2023

Analysis of entrepreneurship teaching in Minangkabau culture using the Hermeneutic method: A study of qualitative. *AIP Conference Proceedings*, Tamin B.Y., 2023

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Importance of Metacognitive Awareness in Learning and Instruction for Engineering Students' Education. *Journal of Social Studies Education Research*, Hidayat H., 2024

NasiQu: Designing Mobile Applications with the Concept of Social Entrepreneurship for Hunger People Using Agile Methods. *International Journal on Informatics Visualization*, Hidayat H., 2024

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### Web of Science (WoS) of the Last 5 Years

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### Google Scholar of the Last 5 Years

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- Problems faced by students in online learning and their implications for guidance and counseling services. *Jurnal Neo Konseling* 2 (3), 2020, M Solihah, M Mudjiran, Z Ardi, 2020
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- Development and validation of the Zadrian-Ildil Problem Checklist (ZIPC) for college students. *International Journal of Technology, Innovation and Humanities* 1 (1), 41-50, 2020, Z Ardi, I Ildil, M Maysitoh, 2020
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- The Contribution of Internal Locus of Control and Self-Concept to Career Maturity in Engineering Education. *Int. J. Adv. Sci. Eng. Inf. Technol* 10 (6), 2282-2289, 2020, H Hidayat, BY Tamin, S Herawati, Z Ardi, AP Muji, 2020
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- The analysis of the parenting implications on the emotional closeness of parent-child improvement. *Journal of Educational and Learning Studies* 3 (2), 98-104, 2020, Z Ardi, GZ Aulia, 2020
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- The Relationship Of Self-Concept And Lifestyle Of Students Receiving Bidikmisi Scholarship. *JPGI (Jurnal Penelitian Guru Indonesia)* 5 (1), 13-16, 2020, S Ulfah, Z Ardi, 2020
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- Student's self esteem and cyber-bullying behavior in senior high school. *Jurnal Aplikasi IPTEK Indonesia* 4 (2), 89-94, 2020, AT Haura, Z Ardi, 2020
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- The Relationship between Burnout and Learning Motivation in Full-day School Students at SMPN 34 Padang. *Jurnal Neo Konseling* 2 (3), 2020, M Helfajrin, Z Ardi, 2020
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- The Relationship of Self-Concept to Students' Interpersonal Communication. *Jurnal Neo Konseling* 2 (4), 2020, D Nadia, Y Yusri, Z Ardi, 2020
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## Research of the Last 5 Years



Desain Layanan Bimbingan Konseling Di Sekolah Dasar Dalam Mengoptimalkan Pendidikan Karakter Pada Era Teknologi Digital. Penelitian Kerjasama Antar Perguruan Tinggi, Leader: Ronald Fransyaigu, Implementation Year: 2023

Pemetaan Dan Analisis Model Pedagogi Kewirausahaan Berbasis Kearifan Lokal Budaya Minangkabau Di Sumatera Barat. Penelitian Dasar, Leader: Boy Yendra Tamin, Implementation Year: 2023

Desain Layanan Bimbingan Konseling Di Sekolah Dasar Dalam Mengoptimalkan Pendidikan Karakter Pada Era Teknologi Digital. Penelitian Kerjasama Antar Perguruan Tinggi, Leader: Ronald Fransyaigu, Implementation Year: 2022

Aplikasi Konselo Apps Untuk Platform Sistem Pelayanan Konseling Online Dan Kesehatan Mental Berbasis Mobile Pada Masa Pandemi Covid-19. Pt-penelitian Unggulan Perguruan Tinggi Terapan, Leader: Zadrian Ardi, Implementation Year: 2022

Pemetaan Dan Analisis Model Pedagogi Kewirausahaan Berbasis Kearifan Lokal Budaya Minangkabau Di Sumatera Barat. Penelitian Dasar, Leader: Boy Yendra Tamin, Implementation Year: 2022

Pengembangan Model Asesmen Psikologis Online Terintegrasi Berbasis Mobile Untuk Optimalisasi Need Assessment Pelayanan Konseling. Pd-penelitian Unggulan Perguruan Tinggi Dasar, Leader: Zadrian Ardi, Implementation Year: 2022

Pengembangan Aplikasi Kolaborasi Integratif Personil Sekolah Dengan Orangtua/wali Berbasis Android Dalam Optimalisasi Kegiatan Belajar Siswa Sltp. Pt-penelitian Unggulan Perguruan Tinggi Terapan, Leader: Daharnis, Implementation Year: 2022

Pengembangan Aplikasi Kolaborasi Integratif Personil Sekolah Dengan Orangtua/wali Berbasis Android Dalam Optimalisasi Kegiatan Belajar Siswa Sltp. Ptpt-penelitian Unggulan Perguruan Tinggi Terapan, Leader: Daharnis, Implementation Year: 2021

Pemetaan Dan Analisis Model Pedagogi Kewirausahaan Berbasis Kearifan Lokal Budaya Minangkabau Di Sumatera Barat. Penelitian Dasar, Leader: Boy Yendra Tamin, Implementation Year: 2021

Aplikasi Konselo Apps Untuk Platform Sistem Pelayanan Konseling Online Dan Kesehatan Mental Berbasis Mobile Pada Masa Pandemi Covid-19. Ptpt-penelitian Unggulan Perguruan Tinggi Terapan, Leader: Zadrian Ardi, Implementation Year: 2021

Pengembangan Model Asesmen Psikologis Online Terintegrasi Berbasis Mobile Untuk Optimalisasi Need Assessment Pelayanan Konseling. Pdpt-penelitian Unggulan Perguruan Tinggi Dasar, Leader: Zadrian Ardi, Implementation Year: 2021

Model Kerjasama Guru Bk Dengan Personil Sekolah Dan Orangtua Dalam Optimalisasi Proses Pembelajaran Siswa Sltp. Penelitian Dasar, Leader: Daharnis, Implementation Year: 2020

### Community Service of the Last 5 Years

Implementasi Aplikasi Potensia Apps Berbasis Android Untuk Asesmen Psikologis Online Pada Masa Pandemi Covid-19 Bagi Guru Bimbingan Dan Konseling Sumatera Barat. Program Pengembangan Produk Unggulan Pt (p3upt), Leader: Zadrian Ardi, Implementation Year: 2022

Implementasi Aplikasi Potensia Apps Berbasis Android Untuk Asesmen Psikologis Online Pada Masa Pandemi Covid-19 Bagi Guru Bimbingan Dan Konseling Sumatera Barat. Program Pengembangan Produk Unggulan Pt (p3upt), Leader: Zadrian Ardi, Implementation Year: 2021

Pelatihan Pemanfaatan Asesmen Psikologis Online Berbasis Teknologi Android Untuk Studi Kebutuhan Pelayanan Konseling Di Sma/smk Kota Payakumbuh. Program Kemitraan Masyarakat (pkm), Leader: Zadrian Ardi, Implementation Year: 2020

#### **IPR's of the Last 5 Years**

Model Konseling Online untuk Mereduksi Stres Akademik Mahasiswa. Inventor: Zadrian Ardi, Publication Date: 2022-06-01

Aplikasi Coulab. Inventor: Zadrian Ardi, Publication Date: 2022-09-23

POTENSIA. Inventor: ZADRIAN ARDI, Publication Date: 2021-05-21

KONSELO. Inventor: ZADRIAN ARDI, Publication Date: 2021-03-12

Model Kerjasama Guru Bimbingan Dan Konseling Dengan Personil Sekolah Dan Orangtua Siswa Dalam Optimalisasi Proses Pembelajaran. Inventor: Daharnis, Zadrian Ardi, Ifdil Ifdil, Publication Date: 2021-08-25

IP LIGHT TECHNOLOGIES (IPLT). Inventor: Ifdil, Ph.D. et al, Publication Date: 2020-12-26

#### **Book of the Last 5 Years**

Buku ajar asesmen dalam konseling. ISBN: 9786234875676, Publisher: CV. Eureka Media Aksara, Year: 2022

Kesehatan mental dalam perspektif psikologi positif. ISBN: 9786234874846, Publisher: CV. Eureka Media Aksara, Year: 2022

Literasi digital dan media konseling. ISBN: 9786235896267, Publisher: CV. Eureka Media Aksara, Year: 2021