



## CURRICULUM VITAE

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**Faculty:** Fakultas Ilmu Pendidikan

**Study Programs:** Bimbingan Dan Konseling

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### Biography

Ifdil Ifdil, Professor in Guidance and Counseling, Universitas Negeri Padang (UNP), Padang, Indonesia. He received his B.E., M.Ed degree, and Pendidikan Profesi Konselor (Counselor Profession Education degree- only in Indonesia) in Guidance and Counseling from Universitas Negeri Padang (West Sumatera, Indonesia), and Ph.D. degree in Universiti Teknologi Malaysia (Johor, Malaysia), in 2006, 2008, 2009 and 2018, respectively. He has been a Professor at UNP, since Dec 2022. His research interests include the field of trauma counseling, assessment, sexual abuse, violence addiction counseling, crisis intervention, ITC in counseling, spiritual counseling, counseling and psychotherapy, internet addiction intervention, and mental health counseling. He is a licensed counselor at the Indonesian Counselors Association (IKI) and a private counselor, a professional in trauma, mental health counseling, crisis counseling, internet addiction intervention, and assessment, ITC in Counseling

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### Research of the Last 5 Years

Pengembangan Aplikasi Kolaborasi Integratif Personil Sekolah Dengan Orangtua/wali Berbasis Android Dalam Optimalisasi Kegiatan Belajar Siswa Sltip. Pt-penelitian Unggulan Perguruan Tinggi Terapan, Leader: Daharnis, Implementation Year: 2022

Aplikasi Konselo Apps Untuk Platform Sistem Pelayanan Konseling Online Dan Kesehatan Mental Berbasis Mobile Pada Masa Pandemi Covid-19. Pt-penelitian Unggulan Perguruan Tinggi Terapan, Leader: Zadrian Ardi, Implementation Year: 2022

Penerapan Ildil Perceptual Light Technique (iplt) Untuk Reduksi Trauma, Phobia Dan Psychological Disorder Pasca Bencana. Ptpt-penelitian Terapan, Leader: Ildil, Implementation Year: 2021

Model Konseling Pranikah Untuk Pencegahan Kekerasan Dalam Rumah Tangga. Penelitian Dasar Unggulan Perguruan Tinggi, Leader: Afdal, Implementation Year: 2021

Pengembangan Model Bimbingan Kelompok Student Centered Learning (scl) Untuk Meningkatkan Motivasi Belajar Siswa Pada Pembelajaran Daring.. Penelitian Tesis Magister, Leader: Yarmis Syukur, Implementation Year: 2021

Sistem Psikoedukasi Konseling Online Untuk Menangani Gangguan Mental Emosional Dalam Upaya Transformasi Sosio-ekonomi Masyarakat Bali Pasca Pandemic Covid-19. Kajian Kebijakan Strategis, Leader: Kadek Suranata, Implementation Year: 2021

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Aplikasi Konselo Apps Untuk Platform Sistem Pelayanan Konseling Online Dan Kesehatan Mental Berbasis Mobile Pada Masa Pandemi Covid-19. Ptpt-penelitian Unggulan Perguruan Tinggi Terapan, Leader: Zadrion Ardi, Implementation Year: 2021

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Model Pengembangan Life Satisfaction Korban Kekerasan Dalam Rumah Tangga: Analisis Pengembangan Ditinjau Dari Lama Pernikahan, Dinamika Forgiveness Dan Status Pekerjaan. Penelitian Terapan, Leader: Afdal, Implementation Year: 2021

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Pengembangan Aplikasi Kolaborasi Integratif Personil Sekolah Dengan Orangtua/wali Berbasis Android Dalam Optimalisasi Kegiatan Belajar Siswa Sltip. Ptpt-penelitian Unggulan Perguruan Tinggi Terapan, Leader: Daharnis, Implementation Year: 2021

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Pengembangan Aplikasi Pengolahan Alat Ungkap Masalah Seri Ptsdl (sp-aum Ptsdl Versi. 1). Penelitian Unggulan Perguruan Tinggi Pengembangan, Leader: Ifdil, Implementation Year: 2020

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Model Konseling Pranikah Untuk Pencegahan Kekerasan Dalam Rumah Tangga. Penelitian Dasar Unggulan Perguruan Tinggi, Leader: Afdal, Implementation Year: 2020

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Penerapan Ifdil Perceptual Light Technique (iplt) Untuk Reduksi Trauma, Phobia Dan Psychological Disorder Pasca Bencana. Penelitian Terapan, Leader: Ifdil, Implementation Year: 2020

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Model Pengembangan Life Satisfaction Korban Kekerasan Dalam Rumah Tangga: Analisis Pengembangan Ditinjau Dari Lama Pernikahan, Dinamika Forgiveness Dan Status Pekerjaan. Penelitian Terapan, Leader: Afdal, Implementation Year: 2020

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Model Kerjasama Guru Bk Dengan Personil Sekolah Dan Orangtua Dalam Optimalisasi Proses Pembelajaran Siswa Sltip. Penelitian Dasar, Leader: Daharnis, Implementation Year: 2020

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Iplt Untuk Mereduksi Anxiety Disorder Serta Meningkatkan Meaning Of Life Dan Psychological Wellbeing Siswa Korban Perundungan. Penelitian Riset Kolaborasi Indonesia-rki (host), Leader: Ifdil, Implementation Year: 2023

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Aplikasi Ifdil Perceptual Light Technique (iplt) Dengan Pemanfaatan Ip-light Technologies Gen 2 Untuk Mereduksi Specific Fobia Pada Remaja Indonesia Dan Malaysia. Penelitian Kerjasama Perguruan Tinggi Luar Negeri, Leader: Ifdil, Implementation Year: 2023

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Ifdil Perceptual Light Technique Untuk Mereduksi Anxiety Disorder Serta Meningkatkan Meaning Of Life Dan Psychological Wellbeing Siswa Korban Perundungan.. Penelitian Riset Kolaborasi Indonesia-rki (host), Leader: Ifdil, Implementation Year: 2023

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Aplikasi Ifdil Perceptual Light Therapy (iplt) Untuk Pengembangan Readiness Dan Reduksi Stress Dan Anxiety Covid-19 Di Era New Normal. Penelitian Terapan Unggulan Perguruan Tinggi, Leader: Ifdil, Implementation Year: 2022

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Aplikasi Ifdil Perceptual Light Therapy (iplt) Untuk Pengembangan Readiness Dan Reduksi Stress Dan Anxiety Covid-19 Di Era New Normal. Penelitian Terapan Unggulan Perguruan Tinggi, Leader: Ifdil, Implementation Year: 2021

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Mereduksi Post-traumatic Stress Disorder (ptsd) Dengan Iplt Dan Meningkatkan Resiliensi Psikologis Dan Psychological Well-being Korban Bencana Alam. Riset Kolaborasi Lptk Indonesia Rkli (host), Leader: Zadrion Ardi, Implementation Year: 2024

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Aplikasi Ifdil Perceptual Light Technique (iplt) Dengan Pemanfaatan Ip-light Technologies Gen 2 Untuk Mereduksi Specific Fobia Pada Remaja Indonesia Dan Malaysia. Penelitian Kerjasama Perguruan Tinggi Luar Negeri, Leader: Ifdil, Implementation Year: 2024

Sistem Informasi Konseling Untuk Menangani Dampak Psikologis Korban Kekerasan Pada Perempuan Dan Anak-anak. Penelitian Terapan, Leader: Kadek Suranata, Implementation Year: 2024

### Community Service of the Last 5 Years

Implementasi Aplikasi Digital Pengolahan Aum Seri-ptsdl Berbasis Website Bagi Guru Bimbingan Dan Konseling SltA Di Sumatera Barat. Program Pengembangan Produk Unggulan Pt (p3upt), Leader: Ifdil, Implementation Year: 2022

Implementasi Aplikasi Digital Pengolahan Alat Ungkap Masalah (aum) Seri-umum Bagi Guru Bimbingan Dan Konseling SltA Di Sumatera Barat. Program Pengembangan Produk Unggulan Pt (p3upt), Leader: Ifdil, Implementation Year: 2021

Implementasi Aplikasi Digital Pengolahan Alat Ungkap Masalah (aum) Seri-umum Bagi Guru Bimbingan Dan Konseling SltA Di Sumatera Barat. Program Pengembangan Produk Unggulan Pt (p3upt), Leader: Ifdil, Implementation Year: 2020

Implementasi Aplikasi Digital Pengolahan Aum Seri-ptsdl Berbasis Website Bagi Guru Bimbingan Dan Konseling SltA Di Sumatera Barat. Program Pengembangan Produk Unggulan Pt (p3upt), Leader: Ifdil, Implementation Year: 2023

Nagari Tangguh Bencana Menggunakan Pendekatan Multi Bahaya Di Seberut Selatan. Program Pengembangan Nagari Binaan (ppnb), Leader: Pakhrur Razi, Implementation Year: 2022

Nagari Tangguh Bencana Menggunakan Pendekatan Multi Bahaya Di Seberut Selatan. Program Pengembangan Nagari Binaan (ppnb), Leader: Pakhrur Razi, Implementation Year: 2021

### IPR's of the Last 5 Years

IP-Light Technologies Gen 2. Inventor: Ifdil, Rima Pratiwi Fadli, Nilma Zola, Publication Date: 2022-06-20

Inventori Kompetensi Kepribadian Guru. Inventor: Nilma Zola, Prof. Dr. Mudjiran., M.S., Kons., Ifdil, Publication Date: 2020-01-01

Alat Ungkap Masalah seri UMUM SLTA Versi 1 Web Based (AUM Umum V1.0). Inventor: Ifdil, Publication Date: 2021-02-14

Model Kerjasama Guru Bimbingan Dan Konseling Dengan Personil Sekolah Dan Orangtua Siswa Dalam Optimalisasi Proses Pembelajaran. Inventor: Daharnis, Zadrian Ardi, Ifdil Ifdil, Publication Date: 2021-08-25

Alat Ungkap Masalah seri UMUM PT Versi 1 Web Based (AUM Umum V1.0). Inventor: Ifdil, Publication Date: 2021-02-17

Alat Ungkap Masalah seri UMUM SLTP Versi 1 Web Based (AUM Umum V1.0). Inventor: Ifdil, Publication Date: 2021-02-10

Alat Ungkap Masalah seri UMUM SD Versi 1 Web Based (AUM Umum V1.0). Inventor: Ifdil, Publication Date: 2021-02-15

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IP LIGHT TECHNOLOGIES (IPLT). Inventor: Ifdil, Ph.D. et al, Publication Date: 2020-12-26

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Alat Ungkap Masalah seri PTSDL Versi 1 Web Based (AUM V1.0) AUM PTSDL. Inventor: Alat Ungkap Masalah seri PTSDL Versi 1 Web Based (AUM V1.0) AUM PTSDL, Publication Date: 2024-01-10

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Internet Gaming Disorder Scale (IGDS). Inventor: Ifdil, Publication Date: 2023-09-01

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Hymne Ikatan Konselor Indonesia. Inventor: Ifdil, Publication Date: 2023-09-01

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Visualisasi Alat Ungkap Masalah Digital Berbasis Online. Inventor: Ifdil, Nilma Zola, Rima Pratiwi Fadli, Publication Date: 2023-11-27

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E-Modul Psikoedukasi dengan Menggunakan Pendekatan Self-Love untuk Meningkatkan Makna Hidup Remaja dari Keluarga Broken Home. Inventor: ifdil, Publication Date: 2023-11-01

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### **Book of the Last 5 Years**

Modul konseling pasca bencana. ISBN: 9786239398200, Publisher: Ikatan Konselor Indonesia, Year: 2020

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Profesional Konseling Trauma (Suatu Pendekatan Inovatif dalam Pemulihan Mental). ISBN: 9786230807688, Publisher: Rajawali Pers, Year: 2023

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